

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
الْحَمْدُ لِلَّهِ الَّذِي  
خَلَقَ السَّمَوَاتِ وَالْأَرْضَ  
وَالَّذِي يُرِيهِمْ آيَاتِهِ وَيُخْفِيهِمْ  
عَنْ آيَاتِهِ وَيُعَلِّمُ الْوَعْدَ وَالْوَعْدَ



## *Unit 1: Big Changes*

### **P. 1**

#### **A**

- 1. overpopulation**
- 2. global warming**
- 3. fresh water**
- 4. security**
- 5. traffic**
- 6. pollution**
- 7. natural disaster**
- 8. endangered species**
- 9. economy**

### **P. 2**

#### **B**

- 1. is**
- 2. live**
- 3. am**
- 4. have**
- 5. watch**
- 6. do**
- 7. is**
- 8. am**
- 9. affects**
- 10. wants**
- 11. is**
- 12. take**
- 13. makes**
- 14. cut down**
- 15. burn**

**16. means**

**17. is**

**18. affects**

**19. talk**

**20. want**

**21. know**

**22. is**

**23. needs**

## **C**

**1. She lives in Blumenau, Santa Catarina, Brazil.**

**2. Carolina's sister, brother, and father watch TV every evening.**

**3. She is interested in global warming.**

**4. They talk about the rain forests and global warming.**

**5. The whole world needs to help reduce global warming.**

## **P. 3**

## **D**

**1. is**

**2. is**

**3. think**

**4. is finishing**

**5. are / doing**

**6. am making**

**7. Are**

**8. am**

**9. are meeting**

**10. don't know**

**11. is**

**12. lives**

**13. is visiting**

**14. is**

**15. are / going**

**16. is**

**17. want**

**18. want**

**19. love**

**20. don't / come**

**21. is**

**22. have**

## **E**

**1. are they meeting**

**2. is Sierra**

**3. do they want to go**

**4. are they going**

## **P. 4**

## **F**

**1. used 2. had 3. launched 4. increased**

## **G**

**1. has wanted**

**2. have affected**

**3. has lived**

**4. have lost**

## **H**

**1. went**

**2. saw**

**3. have been**

**4. loved**

**5. were**

**6. were**

7. sat

8. ate

9. learned

10. has been

**P. 5**

**I**

1. F

2. T

3. T

4. T

5. T

6. F

7. F

8. T

**P. 6**

**J**

1. A: I live in Jeddah/ In Jeddah

2. A: No, I'm not.

3. A: Germany and France/ I have visited Germany and France.

4. A: On business. /I have been out of the country on business.

5. A: For 20 days/ I've been out of the country for 20 days.

**K**

Work: People can access files without having to move.

They can communicate through email and have meetings through video conferencing

Home: People have access to information on the internet. Online television has gained ground.

School: Students can take computer-based tests

Interactive boards have been introduced in a lot of schools.

**P. 7**

**L**

1. I went about a month ago.
2. I stayed for about two weeks.
3. I visited the Jumeirah Mosque and Sheikh Saeed's House.
4. I went shopping and driving in the desert.
5. I saw new skyscrapers and interesting artwork.
6. Fascinating, exciting, fabulous, fun, interesting, adventurous, unique, luxurious

**P. 9**

**N**

1. didn't go
2. wanted
3. waited
4. lived
5. was
6. damaged
7. caused
8. didn't arrive
9. decided
10. didn't think
11. tried
12. reached
13. watched
14. talked
15. made
16. discussed
17. sat
18. completed
19. wanted
20. didn't want

## **O**

2. They lived in the same town.
3. It damaged the road (and caused a traffic problem
4. No, they didn't. They went by bicycle.
5. No. they didn't. They watched a documentary.
6. He completed it last night.
7. Yes, he did.

## **P. 10**

### **P**

1. f
2. d
3. e
4. c
5. b
6. a

## **Q**

1. was sleeping - flooded
2. heard - was
3. weren't ration - started
4. located, was studying
5. Was ... traveling, made
6. was representing, flew

## **R**

1. Ahmed Zewail was teaching in California when he won the Nobel Prize.
2. They were crossing the border from Iraq when the earthquake happened.
3. The water supply was running out when the rescue team arrived.
4. Was Sabah doing medical research when the Internet went down?



## *Unit 2: Careers*

### **P. 11**

#### **A**

1. initiative
2. work ethic
3. honesty / integrity
4. teamwork skills

### **P. 12**

#### **B**

1. Yes. He has been taking computer science for three years.
2. Yes. He has been speaking Spanish for three years.
3. Yes. He has been studying French for two years.
4. Yes. He has been playing basketball for four years.
5. Yes. He has been working in a restaurant for two years.
6. Yes. He has been answering phones for two years.

#### **C**

1. I have been studying English for four years.
2. I have been working at a bookstore for one year.
3. I have been playing football for ten years.

### **P. 13**

#### **D**

1. have been doing / has won / have been working / has told
2. have been working / have been doing / have sent / have kept
3. have been doing / have met / have been working / have traveled



## **P. 14**

### **E**

1. interested in working
2. good at using
3. good at speaking
4. good at writing
5. interested in using
6. good at studying
7. good at finding
8. good at finding
9. interested in having

## **P. 15**

### **F**

1. He has been working with snakes since he was a little boy.
2. Tony's father has been handling snakes for twenty years.
3. He's handled nearly 1,000 snakes.
4. He's been earning his living from snakes for five years.
5. Tony is so comfortable around snakes because he has been working with them since he was a little boy.

## **Page 16**

### **G**

1. Hameed has written more than 150 reports and countless emails.
  2. He has been a sales manager for the last two years.
  3. He is interested in signing new contracts.
- 
1. Mike has been studying for the last ten years.
  2. He has been doing his internship in a hospital in Dubai.
  3. He has spent more than 12 years of his adult life studying and specializing.

## **H**

- 1. How did you find out about the job?**
- 2. Why are you applying for it?**
- 3. What are some of your strengths?**
- 4. How do you feel about teaching large classes?**
- 5. Have you taught teenagers before?**

## **Page 17**

## **I**

- 1. The man on the left is an architect or perhaps a civil engineer. The man on the right is a researcher/ X-ray specialist.**
- 2. The civil engineer needs to check the blueprints and supervise work at the construction site.**

**The researcher needs to make appointments for interviews and search for information on the web.**

- 3. There are some dangers in the first man's job because he needs to spend time in and around buildings under construction and construction sites. The X-ray specialist needs to protect himself from harmful radiation.**
- 4. Architects and civil engineers work in and out of the office. They have a creative and challenging job.**

**An X-ray specialist works in comfortable surroundings with other medical specialists. He is also specializing in other types of medical equipment and technology.**

- 5. demanding, creative, challenging, interesting, rewarding, methodical, systematic, detailed, crucial**

## **Page 19**

## **K**

- 1. What does Rana do?**

**She's a nurse.**

**Where does she work?**

**She works in a hospital.**

- 2. What do you do?**

**I'm a chef.**

**Where do you work?**

**I work in a hotel restaurant.**

**3. What do your uncles do?**

**They're lawyers.**

**Where do they work?**

**they work in an office.**

**4. What does Aisha's father do?**

**He's a sales manager.**

**Where does he work?**

**He works in a shopping mall.**

**5. What does Faisal do?**

**He's a car mechanic.**

**Where does he work?**

**He works in a garage.**

**L**

**2. do you do**

**3. on**

**4. doesn't work**

**5. have**

**6. I do**

**7. do they do**

**8. play**

**9. When**

**10. on**

**11. to**

**12. in**

13. at

14. don't

**P. 20**

**M**

1. who

2. which

3. which

4. who

5. who

6. who

**N**

1. Some passengers were sleeping while the pilot was landing plane.

2. Baby was crying while Nawal was talking on the phone.

3. It was raining while we were playing tennis.

4. Faisal was working on the weekends while he was studying at university.

5. I was doing my science homework while my sisters were watching a film.

6. Dan was organizing the conference while you were preparing your speech.

**O**

1. was

2. while

3. were

4. who

5. was

6. which/that

7. who/that



*Unit 3: What Will Be, Will Be*

**P. 21**

**A**

1. Will / tell
2. Of course
3. will be
4. Will / work
5. I hope not
6. will not work
7. will have
8. Will / spend
9. I hope not
10. will not need
11. will live
12. will be able to
13. will feel

**B**

1. Are / going to become
2. I think so.
3. are going to sell
4. Are / going to be
5. are going to pass
6. are going to have
7. am going to go
8. am not going to know

**P. 22**

**C**

1. Cars won't have wheels.
2. Cars are going to fly.
3. Robots will carry things.
4. Cities in the future won't have trees.
5. There will be steel sidewalks.
6. Cities won't have bus stops.

**P. 23**

**D**

1. am going to travel
2. will visit
3. Will you go / Are you going to go
4. will spend
5. Will you stay / Are you going to stay

**E**

1. am going to fly
2. am going to go
3. are going to spend
4. will take
5. will buy
6. will be/ is going to be
7. will go

**P. 24**

**F**

1. I will be writing a report for class next week.
2. I will be visiting some relatives in Australia this summer.
3. I am going to be studying in college in five years.

**4. I am going to be working as a biologist in 10 years.**

## **G**

**1. Yes, she will.**

**2. Yes, they will.**

**3. No, we aren't. We're going to be flying in a plane.**

**4. Yes, they are.**

**5. No, I won't. I'll be launching my rocket tomorrow.**

## **Page 25**

## **H**

**1. There is no reason anyone would want a computer in their home.**

**2. He accurately predicted the moon landing.**

**3. He predicted that space travel would soon become common.**

**4. Science and technology will affect the future in very powerful ways.**

**5. The impact of science and technology in the future will depend on how we decide to use it.**

## **Page 26**

## **I**

**He will move to a large house.**

**He will be travelling all over the world.**

**He will have two cars, one for the city and an SUV for the country**

## **J**

**On Friday, I am going to visit my aunt and uncle. We are going to drive to their house which is about 50 km from the center of town. Maybe we will spend the night there and return on Saturday morning.**

**On Saturday, I am going to study and do all my homework. Then I'm going to meet my friends at the mall. We'll go shopping and then have a burger at the fast food restaurant. Then maybe we'll go to a friend's house to watch a DVD.**

## **Page 27**

### **K**

- 1. Both the buildings show towers. In photo A, the tower is a modern skyscraper. In photo B, the tower is part of a castle.**
- 2. These buildings are constructed from different materials. In photo A, the tower is probably made from glass and metal. In photo B, the tower was made from brick.**
- 3. These buildings are unlikely to change significantly in the next 50 years. However, architects and engineers will probably make the modern skyscrapers 'greener' by installing wind turbines and solar panels on the roof.**

## **Page 29**

### **M**

**1 c / 2 b / 3 a / 4 a / 5 c / 6 a / 7 a / 8 a**

### **N**

**1 f / 2 c / 3 a / 4 d / 5 e / 6 b**

## **Page 30**

### **O**

- 1. He's hiring a catering firm tonight to supply the food for the dinner.**
- 2. Tomorrow afternoon, he's buying a new suit for the official opening.**
- 3. Tomorrow evening, he's preparing the handouts for the exhibition.**
- 4. He's updating his web blog on Tuesday morning.**
- 5. He's collecting the handouts from the printer's on Tuesday evening.**
- 6. On Thursday afternoon, he's meeting with the science team to discuss the plans for his presentation.**
- 7. He's setting up the exhibition with his team on Thursday evening.**
- 8. He's attending the official opening on Friday morning at 11am.**
- 9. The caterers are coming to set up the dinner tables at 5pm.**
- 10. The guests are arriving for the dinner at 7pm on Friday evening.**



**P**

**1. do they?**

**No, they don't. They will probably try to learn English.**

**2. won't it?**

**Yes, it will probably close after three weeks.**

**3. does it?**

**Yes it does. It will probably rain in winter.**

**4. are they?**

**Yes, they are.**

**5. doesn't it?**

**Yes, it does. It will probably get hotter within few days.**

**6. will we?**

**No, we won't. We will probably drive cars run with solar energy.**

**7. Is she?**

**No, she isn't. She is from Makah.**

**8. Aren't you?**

**Yes, I am. I will probably study in California.**

## **EXPANSION Units 1–3**

### **P. 31**

#### **A**

1. global warming
2. Traffic
3. motivation
4. steel
5. natural disaster
6. microscope
7. qualifications
8. rockets / satellites

#### **B**

**Global Issues: pollution, poverty, disease**

**Personal Qualities: flexibility, adaptability, integrity, honesty**

**Scientific Tools: rocket, satellite, submarine, microscope**

### **P. 32**

#### **C**

1. are / living
2. am living
3. are / taking
4. am taking
5. Are / working
6. am not working
7. am looking
8. is looking
9. am going

#### **D**

1. have / been working
2. have been working
3. have met
4. haven't made
5. have / been saving

6. have been saving
7. Have / tried
8. have been
9. have been going
10. have done
11. haven't spent

**P. 33**

**E**

1. will do
2. will be
3. will publish
4. am going to give
5. Will / buy
6. are going to get
7. will be
8. is going to take

**F**

1. My brother will be attending
2. Will you be attending
3. I am going to be working
4. Are you going to be living
5. will be saving
6. you are not going to be working

**P. 34**

**G**

Laura

1. She'll take her final examination next week.
2. This summer she is going to travel to Singapore to visit relatives.
3. After college she's going to work as a teacher in high school.

Edson

1. Next week, Edson is going to play basketball with his team.

2. This summer, he is going to have a vacation and then start training for the season.

3. He is going to work as a physiotherapist with athletes.

## H

### 2. buy a house

He saved money

He wants to move into the new house

### 3. do an MA

He got a scholarship

He wants to study in another country

### 4. teach at university

She applied for a job

She got the job.

## Page 35

## I

### 1.

A. A civil engineer reads blueprints. He inspects roads and buildings for safety.

B. A pharmacist distributes pharmaceuticals to customers. He gives advice on which remedies are available without a prescription.

### 2.

A. creative, good at math, good at design

B. organized, polite, careful, tidy

### 3.

A. He needed to study structural engineering.

B. He needed to study pharmacology.



***Unit 4: The Art of Advertising***

**P. 37**

**A**

- 1. compact**
- 2. customize**
- 3. options**
- 4. classic**
- 5. smooth**

**P. 38**

**B**

- 1. were made**
- 2. were bought**
- 3. were produced**
- 4. were sold**
- 5. were told**
- 6. is spent**
- 7. are shown**
- 8. is not launched**
- 9. have been asked**
- 10. Have / been affected**
- 11. will be spent**
- 12. will be asked**

**C**

- 1. The Longest Marriage**
- 2. The Tallest Man**
- 3. The Most Expensive Movie**
- 4. The Most Valuable Slice of Cake**

**Page 39**

**D**

1. more expensive / cheaper
2. more comfortable / more special
3. healthier / more refreshing
4. smaller / larger

**Page 40**

**E**

1. not as warm as
2. not as expensive as
3. as healthy as
4. as hot as

**F**

1. Smell
2. tastes
3. sound
4. Look

**Page 41**

**G**

1. They use stories and pictures.
2. They try to show people that they can meet their needs by buying products.
3. Three of the needs are friendship, success, and escape.
4. Companies are advertising during children's TV shows.

**Page 42**

**H**

1. was invented / were also invented
2. was invented/ patented / was made / was sold
3. was processed / used / was made / were soaked
4. are equipped / have been updated- were updated / was installed-has been installed / were trained-have been trained

## **I**

- 1. a smart phone or laptop**
- 2. biscuits or crisps**
- 3. a car or motorcycle**
- 4. a car dealer / a model car company**
- 5. a soft drink / a gadget/ shoes**
- 7. watches, cell phones, travel, airline**
- 8. soft drink / vacation / hotel**
- 9. a printer / a car**

## **Page 43**

### **J**

#### **1.**

**Watch: reliable/ reliability, precision, quality, style**

**Pen: smooth, elegant, prestigious, traditional**

#### **2.**

**Watch: scuba diving/in the water, at work**

**Pen: at work, at home**

#### **3.**

**Watch: important, successful, professional, casual**

**Pen: knowledgeable, respectful, accomplished**

## **Page 45**

### **L**

- 1. That - these**
- 2. That / an**
- 3. This / an**
- 4. These / those**
- 5. A / that**
- 6. those / -**

## **M**

1. What're these? OR What're those? They are sculptures.
2. What's that? OR What's this? It's an airplane.
3. What's that? OR What's this? It's an electric car.
4. What're these? OR What're those? They are smartphones.
5. What's that? OR What's this? It's a computer users' magazine.

## **N**

1. Visit the museum to admire sculptures beauty.
2. Travel in first class airplane, and book your seat early.
3. Take an electric car for a test drive, and feel its power.
4. Get in touch quickly with smartphones wherever you are.
5. Keep up to date with the latest advice for a computer users' magazine.

## **P. 46**

## **O**

1. yours - mine
2. your - my
3. hers - her
4. your - ours

## **P**

1. Whose
2. yours
3. my mine
4. too
5. my
6. which
7. one
8. enough
9. their
10. theirs
11. his
12. enough





***Unit 5: Did You Hurt Yourself?***

**P. 47**

**A**

1. d
2. a
3. e
4. f
5. b
6. g
7. c
8. h

**B**

1. equipment
2. avoid
3. injured
4. obey
5. helmet

**Page 48**

**C**

I myself

they themselves

we ourselves

you and I ourselves

he himself

you yourself (singular)

it itself

she herself

you yourselves (plural)

## **D**

1. myself
2. yourself
3. himself
4. myself
5. himself
6. yourself
7. themselves
8. himself
9. ourselves

## **Page 49**

## **E**

1. g
2. f
3. e
4. h
5. b
6. c
7. d
8. a

## **F**

1. so
2. because
3. because
4. so
5. so

6. because

7. because

8. so

## Page 50

### G

1. c

2. a

3. e

4. f

5. b

6. d

### H

#### 1. Neither have I.

I haven't eaten anything all day, so I can eat a lot at the restaurant tonight.

#### 2. So did I.

I went to bed late last night because I watched a movie on TV.

#### 3. So did I.

I visited my uncle last weekend because I wanted to give him a present for his retirement.

#### 4. Neither do I.

I very seldom cut myself because I'm careful.

#### 5. So do I.

I always brush my teeth before I go to sleep, so I don't have to go to the dentist.

## Page 51

### I

Write T for True or F for False.

1. F 2. T 3. T 4. F 5. T

## **Page 52**

### **J**

The driver was trying to find his cell phone

He was not watching the road and didn't see the truck coming toward him

He could have dropped what he was holding and focus on the road.

### **K**

1. I think he probably hurt himself/ He must have hurt himself badly.  
Maybe he didn't survive?

2. He probably suffocated/ he must have suffocated due to lack of oxygen.

## **Page 53**

### **L**

1. He is fastening the baby in the child seat.

2. If he doesn't take safety measures the baby might get hurt.

3. The child seat should be placed on the back seat of the car

4. They should ensure the child locks are activated.

## **Page 55**

### **N**

1. We must pay attention to the road.

2. Drivers mustn't fall asleep at the wheel.

3. I must ask the driving instructor for advice.

4. Children mustn't sit in the front seat.

5. Fatima must fasten your seat belt.

6. Badr mustn't tailgate.

7. You mustn't run across the street.

### **O**

1. should wear

2. The baby shouldn't sit

3. should stop
4. shouldn't ride
5. shouldn't talk
6. should see

## **P**

1. well
2. badly
3. lately
4. patiently
5. luckily
6. fast
7. carefully
8. clearly
9. safely
10. hard
11. easily

## **Page 56**

## **Q**

1. across from
2. next to
3. between,

## **R**

1. It's across from the bank hotel.  
It's between the subway station and the pharmacy.
2. It's next to the bank.  
It's across from the mall.
3. It's between the pharmacy and the bookstore.  
It's across from the bank.

## **S**

- 1. from**
- 2. near**
- 3. straight**
- 4. turn**
- 5. across from**
- 6. between**

## *Unit 6: Take My Advice*

### **P. 57**

#### **A**

1. fitness
2. avoid
3. lose control
4. hungry
5. turn down
6. pressure

### **Page 58**

#### **B**

1. should
2. could
3. might
4. shouldn't
5. should
6. ought to
7. ought to
8. might

### **Page 59**

#### **C**

1.
  - a. You could play the new video game and enjoy with Hameed.
  - b. You should be friendly with Hameed.
  - c. You had better not prevent Hameed from playing with your game.
2.
  - a. You might wear the shoes and fasten them with colourful laces.

- b. You should trust yourself.
- c. You ought to not care with your friends' opinions.

3.

- a. You shouldn't be nervous.
- b. Both you and your father should behave as independents.
- c. You had better train more.

### Page 60

#### D

- 1. give up
- 2. put off
- 3. throw away
- 4. get along
- 5. turn down
- 6. take up
- 7. put up with

#### E

- 1. give up
- 2. threw away
- 3. put off
- 4. turned down
- 5. gets along with
- 6. take up

#### F

- 1. put it off
- 2. put up with it
- 3. throw it away
- 4. throw it away



5. throw them away

6. put up with you

### Page 61

#### G

1. Eppie Lederer

2. Pauline Phillips

3. Jeanne Phillips

4. Margo Howard / Eppie Lederer's

### Page 62

#### H

Hello,

Please don't worry. Email your friend and ask him/her to scan the pages you need and send them to you.

Hi,

Why don't you go ahead and tell me what you are having difficulty with. Just tell me which are the relevant pages in our Math book so I can check. I will call as soon as I work things out and help you myself.

Hello,

No need to be desperate. You left it on the shelf with the science books when Sabah turned up. Don't you remember? Anyway, I picked it up and put it in my bag. I'll give it to you tomorrow morning at school.

### Page 63

#### I

Nouns: father, son, university, course, problem, decision, prospects, salary, perks, cost, size, location

Verbs: consider, think about, change, make a choice, decide.

Adjectives: careful, the best, suitable, challenging, well-paid, exciting, fast, large, spacious

**You'd better think carefully about what you want to do.**

**Why don't you decide according to your skills, background and preferences?**

**I would advise you to search for a small flat near the university.**

**You should prepare for the interviews. I would be very happy to help you rehearse.**

**You ought to buy a car that is reliable, and not the fastest.**

**You don't need a spacious house until you have your own family. You'd be better off buying a smaller flat.**

**Page 65**

**K**

**1. much**

**2. little**

**3. few**

**4. lot**

**5. much**

**6. much**

**7. lot**

**8. much**

**9. little**

**10. often**

**11. lot**

**12. many**

**13. much/often**

**14. few**

**15. lot**

**16. many**

**17. often/much**

**18. lot**

**19. often**

**20. often/much**

21. few

22. little

## Page 66

### L

1. take cough syrup

2. use a skin cream

3. stay in bed, take medicine/painkillers

4. relax, drink warm tea or milk

5. take painkillers

6. take vitamins, relax

### M

#### Positive +:

glad

excited

great

relaxed

fine/OK

happy

strong

wonderful

#### Negative -:

afraid

bored

nervous

sick

terrible

angry

sleepy

tired

**bad**

**sad**

**N**

- 1. I take painkillers and relax.**
- 2. I take painkillers.**
- 3. I relax.**
- 4. I feel sleepy.**
- 5. I feel tired.**
- 6. I feel glad.**

## **EXPANSION Units 4–6**

**P. 67**

**A**

1. Cures have been discovered, for many diseases.
2. Many more cures will probably be found.
3. Soccer is played by most young people in Brazil.
4. I was surprised by his letter.
5. The package will be mailed this afternoon.
6. All the windows have been washed (by my sister).

**B**

1. coolest
2. smaller
3. more compact
4. lighter
5. more unbelievable
6. amazing
7. more unbelievable
8. better

**Page 68**

**C**

1. because
2. so
3. because
4. so
5. because
6. because
7. so
8. because

## **D**

1. Abdullah burned himself on the hot stove while cooking eggs this morning.
2. Saeed and Fahad slipped on the ice, but luckily they didn't hurt themselves.
3. Hameed taught himself Spanish last year.
4. Nura saw herself in a lot of the photos that Jennifer took at the park.

## **Page 69**

## **E**

1. f
2. b
3. h
4. a
5. c
6. g
7. d
8. e

## **F**

1. The bike is as old-fashioned as the car.
  - The car is not as old-fashioned as the bike.
2. My cell phone is as big as my friend's cell phone.
  - My cell phone is not as big as my friend's cell phone.
3. The latest Star Trek movie is as interesting as the other Star Trek movies.
  - The latest Star Trek movie is not as interesting as the other Star Trek movies.

## **G**

1. roses
2. a piece of chicken
3. a native speaker
4. a new car

## **Page 70**

## **H**

1. I think it's best if you don't use your phone while you are driving. It's really dangerous.
2. Why don't you tell the caller that you cannot speak now and that you will call back later?
3. Don't you feel it's safer to keep your eyes on the road?
4. Try not to resolve issues while driving, It's very distracting.

## **I**

Look at the example and use the sample answers below

Presentation - stressed – nausea – dizziness

Losing my phone – worried – headache – bad vision

## **Page 71**

## **J**

1. It makes me feel anxious, and guilty for not studying enough. I feel stressed.
2. I feel like that because it reminds me of exams.
3. I close my eyes and breathe deeply and steadily.